

TOOLKIT TABLE OF CONTENTS

Healthy Care for Healthy Kids

A Program to Prevent, Identify and Treat Childhood Overweight

I. Introductory Letter

II. Prevention

A. Prevention Tools and Materials:*

- Jump Up & Go! Physical Activity and Nutrition Survey
- Jump Up & Go! Are You a Healthy Kid?
- Jump Up & Go! Parents Brochure
- Jump Up & Go! Your Weekly Log

B. Resource List

III. Assessment and Diagnosis

A. Color coded BMI Charts

- Boys & Girls

B. BMI Wheels *

- Jump Up & Go!
- Sonnevile BMI Wheel for BMI and Z scores

C. Healthy Care for Healthy Kids Algorithm

D. Blood Pressure Charts

- Boys & Girls for 90th and 95th Percentiles
- Boys & Girls by Age and Height Percentile

E. Pediatric Symptom Checklist

F. Resource List

IV. Management and Treatment – Office

A. Encounter Documentation Tool

B. Patient Registry

C. Coding and Billing Tools

- Coding Fact Sheet
- Pediatric Coding Companion
- Levels of Billing: Coding and Reimbursement for Children with Abnormal Weight Gain in Primary Care



National Initiative for Children's Healthcare Quality

TOOLKIT TABLE OF CONTENTS

Healthy Care for Healthy Kids

A Program to Prevent, Identify and Treat Childhood Overweight

D. Patient Education Tools

- Serving Portion by Age
- Drink Comparison Handout
- Food Portions Exercise

E. Resource List

V. Management and Treatment – Care Partnership Support

A. Motivational Interviewing Tips – Coming soon!

B. Management Plans

- Healthy Care for Healthy Kids Management Plan
- A Menu for Action

C. Additional Materials:*

- Jump Up & Go! Your Weekly Log
- Jump Up & Go! Physical Activity and Nutrition Survey

VI. Family Information

A. Parenting Tips:*

- Jump Up & Go! Nutrition Tips
- Jump Up & Go! Family Friendly Recipes
- Jump Up & Go! Activity Tips
- Jump Up & Go! Go Walking Tips
- Jump Up & Go! School Polices and Environment Survey
- Jump Up & Go! Resources

B. Patient Education Tools (same as IIIIG above)

- Serving Portion by Age
- Drink Comparison Handout
- Food Portions Exercise
- Sweetened Beverages & Children's Health

C. Resource List

VII. Community Resources

A. Physician Involvement in Community Action

B. Community Resources Key Points

C. Resource List



National Initiative for Children's Healthcare Quality

TOOLKIT TABLE OF CONTENTS

Healthy Care for Healthy Kids
A Program to Prevent, Identify and Treat Childhood Overweight

VIII. Office Culture

Creating a Healthy Pediatric/Family Practice Office Environment

IX. Cultural Competency

Culturally Appropriate Care - Expanding Perspectives Improving Cultural Competency in Children's Health Care

X. Additional Resources for Providers

A. Accelerating Improvement in Childhood Obesity Learning Network

B. BCBS program information*]

C. Resource List

D. Bibliography

*All Jump Up & Go! brochures are available in English, Spanish, Haitian Creole and Portuguese. Cantonese will be available in September 2006.



National Initiative for Children's Healthcare Quality