



National Initiative for Children's Healthcare Quality

Biographical Data Form

Sandra Arevelo

Education (include basic preparation through highest degree held)			
Degree	Institution (Name, City, State)	Major Area of Study	Year
BA	National University of Colombia	Nutrition and Dietetics	1997
MPH	Hunter College – City University of New York	Public Health Nutrition	2005

Use the space below to provide a brief bio describing professional experience or areas of expertise related to involvement in continuing education and particular role, e.g., planner, presenter, administrator, etc.

Original from Bogotá, Colombia Sandra Arévalo graduated from the National University of Colombia with a professional degree in Nutrition and Dietetics. After working for 3 years as a community nutritionist in her country Sandra came to the US to follow her graduate studies and finished her Dietetic Internship and MPH at Hunter College in NYC. After her graduation she started working as a community nutritionist in The South Bronx Health Center for Children and Families, a program of the Children's Hospital at Montefiore and The Children's Health Fund, in the Bronx, NY, where she was later promoted and actually works as nutrition coordinator. There, she is a vital part of the Starting Right Initiative, an obesity screening and prevention program. She leads nutrition education programs for children such as the Starting Right Health and Fitness Program and the Food and Fitness Team, and co-facilitates other several educational programs for people of all ages that address the significant prevalence of obesity in the South Bronx while doing research on childhood obesity and diabetes. She also does individual and family counseling for all age groups; creates and develops nutrition education curriculums, activities, programs and materials; and is a preceptor for nutrition interns and MPH students among other responsibilities. She was Former President 2002-2003 of the Kappa Omicron Nu, Hunter College Honor Nutrition Association and she was the Dietetic Intern of the Year from Hunter College in 2004-2005. She is a member of the American Dietetic Association, the NY Greater Association, and the Weight Management Dietetic Practice Group. She is the Chair Elect 2008-09 of the New York City Nutrition Education Network and Regional Coordinator for the North East Area of the American Dietetic Association, Member Interest Group LAHIDAN (Latinos and Hispanics in Dietetics and Nutrition). Previous educational and research projects include work on obesity and diabetes that have been featured in NYC local TV and printed media and presented at various conferences including American Public Health Association, National Initiatives for Children Health Care Quality, Pediatric Academy Societies, American Dietetic Association and Health Care for Public Housing Residents.