

Table 1: Participant Characteristics

Characteristics	Cohort 1 (2006-7)	Cohort 2 (2007-8)
N=211	n=105	n=106
Mean Age in years	13.0	13.0
Gender- % female	53	59
Free/Reduced price lunch	61	52
Ethnicity - % African American	60	61
Mean BMI	25	24.2
Mean BMI %ile	80.1	76
Mean BMI Z-score	1.2	1.0
% overweight	25	15
% obese	36	32