

1) Online Toolkit for Health Providers

Preventing Weight Bias: Helping without Harming in Clinical Practice*

Overweight children are frequently teased and bullied, while their parents are often blamed for not providing a healthy diet. Pediatric practices have a crucial role to play in encouraging healthy lifestyles and providing support as families deal with bias issues. This free, online tool-kit provides resources for providers and families as well as an introduction to the literature on children's experience of weight bias. You can view and download this resource at:

http://www.yaleruddcenter.org/resources/bias_toolkit/index.html

*2) CME on Weight Bias

Weight Bias in Clinical Settings: Improving Health Care Delivery for Obese Patients

This new web-based Continuing Medical Education course responds to a growing concern about weight bias in the health care environment, helping providers to implement strategies to reduce bias and provide better care for overweight and obese patients. This free course is accredited by the Yale School of Medicine for AMA PRA Category 1 Credit.

For more information please visit:

<http://learn.med.yale.edu/rudd/weightbias/>

Thanks so much,

Rebecca