



# **Black Maternal Mental Health Week 2022**

Black Maternal Mental Health Week is observed annually from July 19-25. This year's #BMMHW2022 is dedicated to promoting health equity for more Black moms and birthing people across their birth experience so they can reclaim their joy and reinstate their peace of mind.



The Healthy Start Technical Assistance Services Center (TASC) is a proud sponsor of Black Maternal Mental Health Summit hosted by Shades of Blue Project, a Black women-led cross-sectoral alliance dedicated to ensuring that Black mamas have the rights, respect, and resources to thrive before, during, and after pregnancy. NICHQ <u>currently serves</u> as the national coordinating center for TASC.

This week, join NICHQ in honoring Shades of Blue Project' vision by using their <u>social media</u> toolkit and resources to deepen the national conversation about Black maternal mental health.



#### Join Kenn Harris at the Black Maternal Mental Health Summit

This Thursday, as a part of Black Maternal Mental Health Week (BMMHW), Kenn Harris, Executive Project Director and Engagement Lead at NICHQ, will be presenting at the Black Maternal & Mental Health Summit.

Kenn is a fatherhood and engagement expert with decades of experience in this field. The July 21 presentation, **Fatherhood in the Black Community**, begins at 11:15 am CDT and will be available via Zoom live stream. Please join us in attending.

- Read about Kenn's background and expertise
- Learn about the role fathers play in child development

Register for the Black Maternal & Mental Health Summit and find this live-streamed event!

Learn more about NICHQ's <u>current initiatives</u> dedicated to improving health outcomes for mothers and birthing people from historically marginalized communities.

## **Supporting Healthy Start Performance Project**

NICHQ, in partnership with the <u>National Healthy Start Association</u>, provides comprehensive capacity-building assistance for 101 Healthy Start programs nationwide on high-priority topics that impact Black mothers and families, such as safe sleep, fatherhood, and breastfeeding.

#### **New York State Maternal and Child Health Collaboratives**

NICHQ supports the New York State Department of Health's (NYSDOH) New York State Perinatal Quality Collaborative (NYSPQC) in their empowerment of birthing facilities to identify how individual and systemic racism impacts birth outcomes at their organizations and take action to improve both the experience of care and perinatal outcomes for Black birthing people in the communities they serve.

# National Action Partnership to Promote Safe Sleep Improvement and Innovation Network (NAPPSS-IIN

NAPPSS-IIN is a national effort to increase infant caregiver adoption of safe infant sleep practices as recommended by the American Academy of Pediatrics (AAP), as well as breastfeeding/chestfeeding, by empowering champions for these protective behaviors within systems that serve families from historically marginalized communities.

### **National Network of Perinatal Quality Collaboratives**

NICHQ serves as the coordinating center and provides expertise to 47 state-based perinatal quality collaboratives with the goal of deepening and accelerating improvement efforts for maternal and infant health outcomes.



**Keep Learning with NICHQ Webinars** 

Clinical care providers, public health professionals, educators, and community advocates can view these past NICHQ webinars to learn how to better support Black mothers, birthing people, and families as they navigate unique challenges in the health care system.

- LENS Care: Leading Equity Now in Systems of Care
- From Awareness to Action: Strategies for Combating Racism in Health Systems
- Social Determinants of Grief: The Impact of Black Infant Loss
- Reducing Preterm Birth: States Share Interventions, Policy Efforts, and Emerging Issues